FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Seaton David Thomas					2. Issuer Name and Ticker or Trading Symbol <u>CONOCOPHILLIPS</u> [COP]							5. Relationship of Reporting Person(s) to Issue (Check all applicable) X Director 10% Owne			
(Last)	(Fir	, (Aiddle)	3. Date of Earliest Transaction (Month/Day/Year) 05/13/2020								Offic belov	er (give title v)	Other	(specify)
		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) HOUST	ON TX	ζ 7	7084									X Form	Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(St	ate) (2	Zip)												
		Table	I - Non-Deriva	ative S	ecuritie	es Acq	uired,	Dis	posed of,	or Bei	neficia	lly Own	ed		
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					2A. Deem Execution if any (Month/Da	n Date,	3. Transaction Code (Instr. 8)					4 and Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								v	Amount	(A) or (D)	Price				
Common	Stock	2020			Р		2,400	A	\$41.0	3 2	,500	D			
		Tal	ole II - Derivat (e.g., pu)						osed of, c onvertibl				d	*	*
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)	ction of nstr. Der Sec	rivative curities quired	Expiration Date (Month/Day/Year) S		7. Title an Amount Securitie Underlyin Derivativ Security	of s ng re	8. Price of Derivative Security (Instr. 5) Benefic Owned r.		Ownershi Form:	Beneficia Ownershi (Instr. 4)	

Security				(A) or Disposed of (D) (Instr. 3, 4 and 5)				Security (Instr. 3 and 4)		Following Reported Transaction(s) (Instr. 4)	(I) (Instr. 4)	
		Code	v	(A)	(D)		Expiration Date	Title	Amount or Number of Shares			

Explanation of Responses:

Remarks:

Whitney A. Cox, Attorney In Fact (by Power of Attorney 05/15/2020

** Signature of Reporting Person Date

filed March 6, 2020)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.