SEC 2	Form 4
-------	--------

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

I

- 1										
	OMB Number:	3235-0287								
	Estimated average burden									
	hours per response:	0.5								

 obligations may continue. See Instruction 1(b). 	Filed pursua	nt to Section 16(a) o	of the Se	ecuritie	es Exchange A	ct of 193	4		hours	per response:	0.5
	or Se	ction 30(h) of the In	vestmer	nt Corr	pany Act of 19	940					
1. Name and Address of Reporting Person [*] CARRIG JOHN A		er Name and Ticker NOCOPHILLI				k all applicable Director Officer (give	10% Owner e title Other (specify				
(Last) (First) (Middle) CONOCOPHILLIPS 600 NORTH DAIRY ASHFORD		3. Date of Earliest Transaction (Month/Day/Year) 01/19/2010						below) Pre	siden	below) ident and COO	
	4. If Ar	nendment, Date of 0	Month/Day/Ye	6. Indi Line)	6. Individual or Joint/Group Filing (Check Applicable						
(Street) HOUSTON TX 77079							X			e Reporting Perso e than One Repo	
(City) (State) (Zip)											
Table I - No	n-Derivative S	Securities Acqu	uired,	Disp	oosed of, o	or Bene	ficially	Owned			
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Disposed Of (6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s (Instr. 3 and 4			(1130.4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Phantom Stock	(1)	01/19/2010		Α		964.435		(2)	(2)	Common Stock	964.435	\$51.07	13,038.223 ⁽³⁾	D	

Explanation of Responses:

1. The shares of phantom stock convert to ConocoPhillips common stock on a 1-for-1 basis.

2. The shares of phantom stock were acquired under a Defined Contribution Makeup Plan providing for settlement upon termination of employment, subject to possible deferred payment in certain circumstances. The reporting of this transaction is not an acknowledgment that it is not an exempt transaction under an Excess Benefit Plan pursuant to Rule 16b-3(c).

3. Includes units acquired through routine dividend transactions that are exempt under Rule 16a-11.

Chris Wood, Attorney in Fact (By Power of Attorney filed with the Commission on May 19, 2008)

01/21/2010

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.