SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287					
Estimated average burden						
hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1. Name and Address of Reporting Person [*] Lance Ryan Michael					Section of the investment company Act of 1940 Section of the investment company Act of 1940 CONOCOPHILLIPS [COP]						(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 16930 PA	(F ARK ROW	irst) DR.	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/14/2023							X Officer (give title Other (specify below) Chairman and CEO					
(Street) HOUSTO	ON T	x	77084		4. If Amendment, Date of Original Filed (Month/Day/Year)					Line	X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	state)	(Zip)	Derive	ivative Securities Acquired, Disposed of, or Beneficially Owned												
		1a	DIE I - NON	-Deriva	tive 5		s Ac	· · ·		,		/ Owned					
			2. Transad Date (Month/Da	Execution Date,		Code (Instr.			ed (A) or str. 3, 4 and 5	5. Amour Securities Beneficia Owned F Reported	s Form Illy (D) o ollowing (I) (In		n: Direct I r Indirect I nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code V	Amoun	t (A) o (D)	Price	Transacti	Transaction(s) Instr. 3 and 4)			(1130. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	Execution Date, Tra		ansaction Derivative ode (Instr. Securities		6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title an of Securit Underlyin Derivative (Instr. 3 an		g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio	s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
				Cod	le V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	011(5)			
Stock Units	(1)	02/14/2023		A		46,176		(2)	02/14/2026	Common Stock	46,176	\$0.00	46,176	6	D		
Stock Units	(1)	02/14/2023		Α		223,577		(3)	(3)	Common Stock	223,577	\$0.00	223,57	7	D		
Explanatio	n of Respons	ses:	*			7		,									

1. The stock units represent ConocoPhillips common stock on a 1-for-1 basis.

2. The stock unit grant settles 3 years from date of grant, but may be eligible for full or partial early settlement upon termination of employment after attainment of age 55 with five years of service, layoff, death or disability, or a change of control.

3. The stock units will be forfeited if the reporting person separates from service prior to the end of an escrow period ending on the earliest to occur of the following: (a) termination of employment as a result of 3. The stock units will be forling before generation service in the or an escrow period change on the cartest to occur of the following, (a) termination of employment as a result of layoff; (b) termination of employment after attainment of age 55 with five years of service; (c) termination of employment due to death or total disability; (d) termination of employment following a change in control; or (e) February 20, 2023. During the escrow period, the reporting person may not dispose of the stock units. The stock units will be settled in cash on the later of (a) the end of the escrow period or (b) the earlier of (i) death; (ii) February 20, 2023; or (iii) six months after separation from service in which case the stock units will be settled in cash based on the fair market value of the units on that date. The reporting person may also elect to defer all or part of the settlement value of the units to a later date.

Remarks:

Whitney A. Cox, Attorney in Fact (by Power of Attorney 02/16/2023 filed herewith)

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

The undersigned, a person subject to ownership reporting pursuant to Section 16(a) of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and requirements pursuant to Rule 144 under the Securities Act of 1933, as amended (the "Securities Act"), in respect of the equity securities of ConocoPhillips, hereby makes, constitutes and appoints any of Shannon B. Kinney, Stephen D. Elison, and Whitney A. Cox my true and lawful attorney-in-fact with full power and authority: (1) to prepare, execute in my name and on my behalf, and file with the U.S. Securities and Exchange Commission (the "SEC") any of the following forms which I may be required or permitted to file: Form ID and any other documents necessary or appropriate to obtain or (A) update codes, passphrases and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Exchange Act or any rule or regulation of the SEC; Forms 3, 4 and 5 or any other reports or statements of beneficial (B) ownership or changes of beneficial ownership necessary or appropriate under Section 16(a) of the Exchange Act; and (C) Form 144, or any other notice of proposed sale of securities or other document necessary or appropriate under Rule 144 of the Securities Act. (2) to do and perform any and all acts for and on my behalf which may be necessary or desirable to complete and execute any such Form ID, 3, 4, 5, or 144, complete and execute any amendment or amendments thereto, and timely file such form with the SEC and any stock exchange or similar authority. I hereby revoke any previous power of attorney I may have given to any person to make and file such reports, statements and notices with respect to the equity securities of ConocoPhillips. This power of attorney shall remain in force for so long as I may be subject to reporting obligations under Section 16(a) of the Exchange Act or the requirements of Rule 144 under the Securities Act, unless earlier expressly revoked by me in writing and delivered to ConocoPhillips. Each of my attorneys-in-fact may at their sole discretion designate one or more substitute attorneys-in-fact to act in their place. I acknowledge that my attorneys-in-fact, in serving in this capacity at my request, are not assuming, nor is ConocoPhillips assuming, any of my responsibilities to comply with the Exchange Act, the Securities Act, or the rules and regulations thereunder.

/s/ Ryan M. Lance Name: Ryan M. Lance Date: February 15, 2023

STATE OF TEXAS COUNTY OF HARRIS

On this 15th day of February 2023, Ryan M. Lance personally appeared before me, and acknowledged that he executed the foregoing instrument for the purposes therein contained.

IN WITNESS WHEREOF, I have hereunto set my hand and official seal.

/s/ Charlotte McLane Name: Charlotte McLane My Commission Expires: November 7, 2025