UNITED STATES SECURITIES AND EXCHANGE COMMISSION Form 144 Filer Information Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001464560 Filer CCC XXXXXXXX Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name Phone

E-Mail Address

144: Issuer Information

Name of Issuer **CONOCOPHILLIPS**

SEC File Number 001-32395

925 N. ELDRIDGE PARKWAY

HOUSTON Address of Issuer **TEXAS**

77079

Phone 281-293-1000

Name of Person for Whose Account the Securities are To Be Sold Lance Ryan Michael

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Officer Relationship to Issuer

144: Securities Information

| Title of the Class of Securities To Be Sold | Name and Address of the Broker | Number of Shares or Other Units To Be Sold | Aggregate Market Value | | | Securities |
|--|---|---|---------------------------|------------|------------|------------|
| COMMON | MERRILL LYNCH 3455 PACHTREE RD NE SUITE 1000 ATLANTA GA 30326 | 569400 | 69547365.00 | 1197490673 | 09/01/2023 | NEW YORK |

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

| Title of the | Date you | Nature of | Name of Person | Is | Date | Amount of | Date of | Nature of |
|--------------|----------|-------------|----------------|------|----------|------------|----------------|-----------|
| Class | Acquired | Acquisition | from Whom | this | Donor | Securities | Payment | Payment * |
| | | Transaction | Acquired | | Acquired | Acquired | | |

a Gift?

EXERCISE OF COMMON 09/01/2023 A STOCK AWARD

CONOCOPHILLIPS

569400

09/01/2023 COMPENSATORY

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks

Date of Notice 09/01/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature RYAN LANCE

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)